

KIDS KLUB GYMBUS NEWSLETTER

WELCOME TO TERM 2 (10/27/25 – 1/12/26)

*******IMPORTANT*******

*The Gymbus will be closed: 11/27/25 – 11/28/25 for Thanksgiving Break
(see calendar for makeup dates)*

The Gymbus will be closed: 12/20/25 – 1/4/26 for Winter Break (classes resume 1/5/26)

Highlights from our last several weeks!

TERM 1 CERTIFICATES WERE HANDED OUT
HALLOWEEN WEEK

Check out what we will be doing in the upcoming weeks on the GYMBUS

NOV 3 – 7 (MON-FRI)

LESSON FOCUS: BARS, VAULT, BEAM, BALL PIT

On BARS, we will work on lifting our toes to the bar. On VAULT, we will use the mini-tramp to practice our vaulting skills. On BEAM, we will practice walking sideways using our airplane arms to help balance.

NOV 10 – 14 (MON-FRI)

LESSON FOCUS: BAR, BEAM, FLOOR, MONKEY BARS

On BARS, we will work on front supports and casting. On BEAM, we will practice bunny hops. Older kiddos will practice hopping over bean bags while doing bunny hops. On FLOOR, we will work on handstand drills and wall-walkers. Everyone will practice their MONKEY BAR skills.

IT'S DINOSAUR WEEK!

BE SURE TO WEAR A FUN DINOSAUR SHIRT IF YOU HAVE ONE!

NOV 17 – 21 (MON-FRI)

LESSON FOCUS: BEAM, FLOOR, BALL PIT

It is Dinosaur week on the Gymbus! We will do warm ups with dinosaurs, and then carry them on our head as we walk on the BEAM. On FLOOR, we will work on cartwheels over dinosaurs. We will also use soft dinosaurs to help with forward rolls and tabletops. Hiding in our BALL PIT, we will have lots of “baby” dinosaurs for the kids to find! At the end of class, we will play a fun game with dinosaurs. It will be a super fun day with everyone getting 2 STAMPS – 1 big dinosaur and 1 baby dinosaur stamp!

NOV 24 – NOV 26 (MON-WED)

LESSON FOCUS: FLOOR, BEAM, NINJA STONES

NOV 27-28 (THURS & FRI) GYMBUS IS CLOSED FOR THANKSGIVING BREAK

On FLOOR, we will continue working on forward rolls and cartwheels. On BEAM, we will use small rings to assist in balancing skills on the balance beam and then try to ring-the-hula-hoop around a cone at the end of the balance beam. We will set up different height NINJA STONES along with turtles and turtle shells to create a multi-level stepping path.

IT'S DINOSAUR WEEK (part 2)

DEC 1 – 6 (MON-FRI)

LESSON FOCUS: BALL PIT, FLOOR, BEAM, MONKEY BARS

It is Dinosaur week (PART 2) on the Gymbus! This week, we will carefully step over dinosaurs on the BEAM. After climbing in the BALL PIT and hunting for baby dinosaurs, everyone will get to roll with a baby dinosaur under their chin. Our new red MONKEY BARS everyone will have fun to try to swing across. For our ending activity, we will use dinosaur plates and purple balloons to play “keepy-uppy”. Of course, we will have another big dinosaur stamp for everyone at the end of class!