

KIDS KLUB GYMBUS NEWSLETTER

**BE SURE TO CHECK FACEBOOK OVER THE NEXT FEW WEEKS.
WE WILL BE ADDING A BUNCH OF PHOTOS FROM PREVIOUS WEEKS.**

*TERM 4 PAYMENTS ARE DUE THE WEEK OF MARCH 16TH.
Our FINAL Gymbus term begins the week of March 30th, 2026!*

Highlights from our last several weeks

FOOTBALL WEEK

Check out what we will be doing in the upcoming weeks on the GYMBUS

MARCH 9 – 13 (MON-FRI)

LESSON FOCUS: BEAM, PARALLEL BARS, FLOOR

On our FLOOR BEAM, the little ones we will practice walking without touching the bus while the older ones will practice step turns & V-sits. On PARALLEL BARS, the little ones will climb onto the bars while the older ones will practice front supports & swing their legs onto the bar. On FLOOR, we will work on cartwheel drills and cartwheels. Everyone will try out our new rope swing! The little ones will sit and swing, while the older ones will try to stand on the rope swing and swing back and forth.

**THIS IS OUR SCHEDULED SPRING BREAK. NOT ALL CLASSES WILL RUN THIS WEEK.
SEE A PREVIOUS EMAIL INDICATING IF YOUR CHILDREN WILL HAVE CLASS.**

MARCH 16 – 20 (MON-FRI)

LESSON FOCUS: FLOOR, PARALLEL BARS, BEAM

On FLOOR, we will work on handstand wall walkers using our floor bar. On the FLOOR BEAM, the littles will practice picking up stuffed bunnies and dropping them in buckets. The older kids will attempt cartwheels and roundoff drills on the BEAM. We will practice harder skills on the PARALLEL BARS based on each child's skills.

IT'S CARDINAL BASEBALL WEEK!

IT'S AWARDS DAY!

MARCH 23 – 27 (MON-FRI)

LESSON FOCUS: BARS, GROSS MOTOR SKILLS

It is Cardinal baseball season once again! We cannot wait for all the fun of baseball week! Wear your Cardinal baseball shirt or any red shirt so you can help us celebrate the start of the 2026 Cardinal Baseball season. We will practice throwing balls, hitting balls off a t-ball stand, running the bases and many other gross motor skills as we warm up, practice, and condition just like the baseball players do!

At the end of class everyone will receive a Gymbus medal!

TERM 4 BGINS THIS WEEK!

IT'S EASTER WEEK!

MAR 30 – APR 3 (MON-FRI)

LESSON FOCUS: FLOOR, BARS, BEAM, BALLS

This week, we will be doing lots of hopping on the floor, hopscotch mat, and mini tramp. On BARS, everyone will swing with a bunny between their legs and then try to drop him/her into a hula-hoop. We will also step/hop over bunnies on HIGH BEAM and find little bunnies hiding in the ball pit. A bunny toss game will be our closing activity along with a chocolate Hershey kiss or smarties candy! **BE SURE TO LET US KNOW BY E-MAIL NO LATER THAN 3/15 IF YOUR CHILD CANNOT HAVE CHOCOLATE.**