

WELCOME TO KIDS KLUB GYMBUS

THANK YOU FOR ALLOWING US THE OPPORTUNITY TO WORK WITH YOUR CHILD THIS YEAR!
WE ARE LOOKING FORWARD TO A GREAT YEAR FULL OF LOTS OF GYMNASTIC LEARNING!

AT EACH DAYCARE, THERE IS AN AREA WHERE YOUR CENTER WOULD LIKE YOU TO TURN IN YOUR GYMBUS PAYMENTS. PLEASE ASK YOUR DAYCARE DIRECTOR WHERE THEY COLLECT GYMBUS PAYMENTS. REMEMBER, WE TAKE VENMO & ZELLE PAYMENTS AS WELL.

NEWSLETTERS ARE E-MAILED EVERY 3-5 WEEKS AND ARE AIMED AT KEEPING ALL PARENTS INFORMED REGARDING THE WEEKLY GYMBUS ACTIVITIES AND THEMED WEEKS.
PLEASE NOTE: PAYMENTS MADE BY THE TERM (9 or 10 WEEKS) or BY THE SESSION (20 WEEKS) ARE DUE 2 WEEKS PRIOR TO THE BEGINNING OF EACH TERM/SESSION.

Along with this newsletter, you will find a curriculum sheet and 2 GYMBUS calendars for the 2025-2026 GYMBUS year. The curriculum sheet highlights the major skills we will teach on the GYMBUS over the course of the year. The curriculum sheet is the same for all children in our program regardless of their age. We believe that all children come into our program with different levels of gymnastic experience. Rather than teach children skills they may already know, our curriculum allows us to continually build on past skill knowledge and constantly challenge children with new gymnastic learning. The calendars indicate dates closed, the beginning of each of our 4 GYMBUS terms and when payments are due.

****Just a reminder: Tennis shoes must be worn each week on Gymbus. This is for the safety of all children. ****

We are excited to welcome back our old friends and cannot wait to get to know lots of new ones too!

Ms. Cathy, Ms. Jenny, & Ms. Liz

BE SURE TO SCROLL DOWN TO READ THE AUGUST/SEPTEMBER NEWLSETTER.

KIDS KLUB GYMBUS NEWSLETTER

August & September

Check out what we will be doing in the upcoming weeks on the GYMBUS

GYMBUS SHIRTS WILL BE HANDED OUT WEEK 4.

AUGUST

AUG 18 – 22 (MON - FRI)

LESSON FOCUS : MONKEY BARS, FLOOR, BARS

AUG 25 – AUG 29 (MON - FRI)

LESSON FOCUS : BARS, BEAM, FLOOR, RINGS

SEPTEMBER

SEPT 1 – 5 (TUES - FRI)

LESSON FOCUS : FLOOR, BEAM, MOUNTAIN CLIMB

On FLOOR, we will work on forward rolls & wall-walker handstands. On LOW BEAM, we will practice walking forward. The 3-5's will practice walking forward without touching the bus by using their airplane arms. Everyone will practice climbing our mountain using a rope. Our mountain consists of 3 trapezoid blocks stacked high. A rope is attached to the monkey bars and the kids use the rope to climb the mountain and then slide down the slide!

SEPT 8 – 12 (MON - FRI)

LESSON FOCUS : VAULT, FLOOR, BEAM

On VAULT, we will work on knees on and straddle on mounts using our new large mini-tramp. On FLOOR, we will work on standing & sitting straddle rolls and donkey-kick handstands. On BEAM, we will raise the beam 1 foot off the ground and have the kids practice walking forward using their airplane arms to help balance.

OUR NEW 2025-2026 SHIRTS WILL BE HANDED OUT THIS WEEK!

IT'S BACKWARDS WEEK!

SEPT 15 – 19 (MON - FRI)

LESSON FOCUS : BARS, BEAM, FLOOR

Today we will be doing everything BACKWARDS! We will board the bus from the BACK using a step ladder. On FLOOR, we will work on backwards rolls and crab walks. On VAULT, we will do ½ turn dismounts off the vaulting blocks. On BEAM, we will walk backwards & on BARS we will work on back pullover drills by bringing our tummies (and belly buttons for the older kids) to the bar. IT'S A CRAZY 2 STAMP DAY!

SEPT 22 – 26 (MON - FRI)

LESSON FOCUS : BEAM, BARS, LADDER, BALLS

On BEAM, we will work on soldier kicks. On BARS, we will work on monkey hangs. (Everyone that tries to be a monkey will get a special monkey stamp!) We will climb the LADDER up to the monkey bars and then practice our monkey bar skills. Everyone's favorite...the BALL PIT will be on!

SEPT 29 – OCT 3 (MON - FRI)

LESSON FOCUS : BARS, BEAM, BALL PIT

On BARS, we will work on front supports, casting, and forward roll dismounts. The littles will practice swinging 2 times and landing on their feet. We will also practice jumping to front support using the big mini-tramp. On BEAM, we will work on toe-taps using colorful cones. We will use the ladder to climb up to the top of the trapezoids. Once at the top, they will have reached the BALL PIT area and are ready to jump in!