

# KIDS KLUB GYMBUS NEWSLETTER

*TERM 4 PAYMENTS ARE DUE THE WEEK OF MARCH 18<sup>th</sup>.*

*Our FINAL Gymbus term begins the week of April 1-5, 2024!*

## Highlights from our last several weeks!

DINOSAUR WEEK  
PJ & STUFFED ANIMAL WEEK

### Check out what we will be doing in the upcoming weeks on the GYMBUS

MAR 4 – 8 (MON-FRI)

LESSON FOCUS: MONKEY BARS, BEAM, BARS

On BARS, we will work on front supports and forward roll dismounts. The toddlers & 2's will work on swinging. On FLOOR, we will work on forward rolls. On BEAM, we will practice using our "airplane arms" to balance and not touch the bus when walking. MONKEY BARS will be tried by all

**TENNIS SHOES ARE REQUIRED THE NEXT 2 WEEKS TO BE ABLE TO CLIMB THE ROCK WALL.**

MAR 11 – 15 (MON-FRI)

LESSON FOCUS: FLOOR, MOUNTAIN CLIMB, ROCK WALL

ON FLOOR, we will work on forward rolls without using the slant mat. We will practice using the springboard to see how far we can jump onto a hopscotch mat. Everyone will get to practice their MOUNTAIN CLIMBING & ROCK WALL skills.

**TERM 3 MEDALS (1 WEEK EARLY SINCE EASTER ACTIVITIES WILL BE THE NEXT WEEK)**

MAR 18 - 22 (MON-FRI)

LESSON FOCUS: ROCK WALL, CARGO NET, VAULT

On FLOOR, we will work on roundoffs off a trapezoid. On VAULT, we will use the springboard to practice knees on and straddle on mounts. The ROCK WALL will be on again this week. We will hang our "Spiderman" CARGO NET on the monkey bars and practice climbing the spider web and touching the ceiling. Everyone will receive their participation medals today!

### EASTER WEEK

MAR 25 – 29 (MON-FRI)

LESSON FOCUS: FLOOR, BARS, BEAM, BALLS

This week, we will be doing lots of hopping on the floor, hopscotch mat and mini-tramp. On BARS, everyone will swing with a bunny between their legs and then try to drop him/her into a hula-hoop. We will also step/hop over bunnies on HIGH BEAM and find little bunnies hiding in the ball pit. A bunny toss game will be our closing activity along with a chocolate Hershey kiss or smarties candy!

**BE SURE TO LET US KNOW BY E-MAIL NO LATER THAN 3/15 IF YOUR CHILD CANNOT HAVE CHOCOLATE.**

### BUNNIES EVERYWHERE!

Mar 27 – 31 (MON-FRI)

LESSON FOCUS: BARS, FLOOR,

More bunny fun again this week! On FLOOR, we will roll with bunnies under our chins. On BEAM, we will practice walking while balancing bunnies on our heads. On BARS, we will practice pullover drills. We will practice climbing a ladder and jumping into the ball mat where all the soft bunnies will still be hiding.