# KIDS KLUB GYMBUS NEWSLETTER

## TERM 2 PAYMENTS ARE DUE THE WEEK OF OCTOBER 16<sup>th</sup>, 2023 TERM 2 BEGINS MONDAY, OCTOBER 30<sup>TH</sup>

\* All parent communication is via email. Please keep your email address up to date with us. Be sure to include your child's name & daycare center in any email you send. \*

IMPORTANT...During GYMBUS class the week of Oct 23 - 27, all children will be given a piece of Halloween candy at the end of class. If your child is allergic to chocolate (or cannot have chocolate for ANY reason), please notify us by e-mail BEFORE October 20<sup>th</sup>, so that an alternate treat may be given to your child

## Highlights from our last several weeks!

BACKWARDS WEEK 2023-2024 GYMBUS SHIRTS HANDED OUT

### Check out what we will be doing in the upcoming weeks on the GYMBUS

OCT 2 – 6 (MON - FRI)

LESSON FOCUS: BARS, BEAM, MONKEY BARS, BALL PIT

Due to the Gymbus needed radiator and alternator work, several classes were held inside or postponed over the past 2 weeks. For this reason, we decided to keep the balls on for another two weeks.

On BARS, we will work on front supports and casting. On BEAM, we will work on walking on tippy toes. On FLOOR, we will work on staddle forward rolls. Everyone will try to complete the MONKEY BARS!

OCT 9 - 13 (MON-FRI)

LESSON FOCUS: VAULT, RINGS, BARS, BALL PIT

Due to the Gymbus needed radiator and alternator work, several classes were held inside or postponed over the past 2 weeks. For this reason, we decided to keep the balls on for another two weeks.

On VAULT, we will work on knees on & straddle on mounts. On RINGS, everyone can either swing or practice doing a trick. On BARS, we will work on pullover drills. Everyone's favorite...the BALL PIT will be on!

OCT 16 – 20 (MON-FRI) LESSON FOCUS: ROCK WALL, CARGO NET, VAULT On VAULT, we will work on knees on mounts and landing in straddle and smashing 2 frogs. On BARS, we will work on pullover drills. Our SPIDERMAN CARGO NET is an opportunity to practice using our climbing skills to figure out how to climb to the top of the net. Everyone will get lots of chances to climb the ROCK WALL. TENNIS SHOES ARE REQUIRED TO CLIMB THE ROCK WALL

#### IT'S HALLOWEEN WEEK! – WEAR A HALLOWEEN T-SHIRT!

OCT 23 – 27 (MON-FRI) LESSON FOCUS: VAULT, FLOOR, ROCK WALL Halloween week is a favorite for all! The bus is decorated with Halloween witches, black cats, ghosts, and pumpkins. There will be lots of Halloween activities at each station as well as a fun closing Halloween game where everyone will have a chance to knock down Halloween stuffies with bean bags. Additionally, this will be the last class of Term 1. Everyone will bet a special Term 1 Certificate to take home.

TENNIS SHOES ARE REQUIRED TO CLIMB THE ROCK WALL

Please note: Candy will be given out at the end of class today – please see candy information above.

TERM 2 PAYMENTS ARE CONSIDERED LATE IF NOT PAID BEFORE YOUR CHILD'S CLASS THE WEEK OF 10/30/23