

KIDS KLUB GYMBUS NEWSLETTER

*****IMPORTANT*****

The Gymbus will be closed: 12/22/23 – 1/2/24 Winter Break (classes resume 1/3/24)

Session 2/Term 3 payments are due the week of January 8 - 12, 2024.

Highlights from our last several weeks!

HALLOWEEN WEEK

FOOTBALL WEEK

Check out what we will be doing in the upcoming weeks on the GYMBUS

DEC 4 – 8 (MON-FRI)

LESSON FOCUS: BEAM, FLOOR, NINJA FUN, BALL PIT

We will use big triangle mats to help us climb into the ball pit and slide out of the pit. On the BEAM, we will walk carefully without touching the bus. On FLOOR, we will work on cartwheels and wall-walker handstands. We will also work on table tops & v-sits. We will climb our soft steps and decide how “brave” we will be jumping off the steps onto the mini tramp.

EVALUATIONS BEGIN THIS WEEK

DEC 11 – 15 (MON-FRI)

LESSON FOCUS: BARS, FLOOR, BEAM, BALL PIT

On BEAM, we will carry different numbers of pit balls while walking on the balance beam using our best balancing skills. On FLOOR, we will practice forward rolls. On BARS, we will practice front supports and forward roll dismounts. Our younger friends will practice glide swings and hangs. Everyone will begin learning the “I’m a Friendly Snowman” song!

IT’S CHRISTMAS WEEK! – WEAR A FUN HOLIDAY SHIRT!

DEC 18 – 21 (MON-THURS)

LESSON FOCUS: FLOOR, BEAM, BARS, MINI TRAMP

It is Christmas week on the GYMBUS! If you have a fun holiday shirt, where it to class this week! We will practice our new song “I’m a Friendly Snowman” during warm ups and continue practice ½ turns and full turns in and out of our “friendly snowman” made of hula hoops. On BEAM, we will work on tapping cones with sticks. On BARS, we will practice glide swings by dropping holiday stuffed animals into hula hoops. We have a great closing activity planned as well as a Christmas candy treat. **IF YOUR CHILD CANNOT HAVE CHOCOLATE, PLEASE BE SURE TO NOTIFY THE GYMBUS BY 12/12/23.**

THE GYMBUS IS CLOSED FROM DECEMBER 22, 2023 – JANUARY 2, 2024

Session 1 evaluations will begin the week of December 11th, 2023 and continue until January 19th, 2024.

Term 3/Session 2 begins the week of January 22nd, 2024.

HAPPY HOLIDAYS!

Ms. Cathy & Ms. Jenny

- Friday, December 22 classes will be made up at a time convenient for each center. We will email you once the day and time has been determined.
- Tuesday, January 2, Strictly Pediatrics (Maryland Heights) will have class at your child’s normal Thursday class time. This is a makeup class from September 14th canceled class.