KIDS KLUB GYMBUS NEWSLETTER

Welcome back! We hope everyone had a wonderful holiday break! SESSION 2 & TERM 3 PAYMENTS ARE NOW DUE.

As a reminder, payments are due 2 weeks prior to the beginning of each session/term.

The new session/term begins January 23rd, 2023. **PAYMENTS ARE LATE IF RECEIVED AFTER CLASS THE WEEK OF JANUARY 23rd, 2023.** If you do not know what you owe, please email me to get the correct payment amount.

Highlights from our last several weeks.

FOOTBALL WEEK CHRISTMAS WEEK

Check out what we will be doing in the upcoming weeks on the GYMBUS

EVALUATIONS WILL CONTINUE ON ALL EVENTS

JAN 2 – 6 (MON-FRI) LESSON FOCUS: TRAMPOLINE, FLOOR, BARS This week we will evaluate BODY POSITIONS, TRAMPOLINE, BARS, and FLOOR.

JAN 9 – 13 (MON-FRI) LESSON FOCUS: BEAM, FLOOR, BARS, MONKEY BARS This week we will evaluate BEAM, FLOOR, and BARS.

IT'S AWARDS DAY!

<u>JAN 16 – 20 (MON-FRI)</u> LESSON FOCUS: VAULT, RINGS, BALLS, FLOOR This week we will finish last minute evaluations on VAULT and FLOOR. At the end of class, everyone will get their evaluation form and a participation ribbon to take home!

SESSION 2/ TERM 3 BEGINS THIS WEEK

Be sure to wear tennis shoes every week!

<u>JAN 23 – 27 (MON-FRI)</u> On BARS, we will glide swings. Everyone will try to "glide" swing with a stuffed toy between their ankle and drop it carefully into a hula-hoop on the mat. On FLOOR, we will work on straddle forward rolls, table tops, bridges, walking our feet up the wall (handstands). On BEAM, we will be flamingos and practice flamingo walks. *Payments are late after class today!*