

KIDS KLUB GYMBUS NEWSLETTER

THANK YOU FOR ALLOWING US THE OPPORTUNITY TO WORK WITH YOUR CHILD THIS YEAR!
WE ARE LOOKING FORWARD TO A GREAT YEAR FULL OF GYMNASTIC LEARNING!

AT EACH DAYCARE, THERE IS EITHER A GYMBUS MAILBOX OR AN AREA WHERE YOUR CENTER WOULD LIKE YOU TO TURN IN YOUR GYMBUS PAYMENTS. PLEASE ASK YOUR DAYCARE DIRECTOR WHERE THEY COLLECT GYMBUS PAYMENTS.

NEWSLETTERS ARE E-MAILED EVERY 3-5 WEEKS AND ARE AIMED AT KEEPING ALL PARENTS INFORMED REGARDING THE WEEKLY GYMBUS ACTIVITIES AND THEMED WEEKS.

PLEASE NOTE: PAYMENTS MADE BY THE TERM (10 WEEKS) or BY THE SESSION (20 WEEKS) ARE DUE 2 WEEKS PRIOR TO THE BEGINNING OF EACH TERM/SESSION.

Please feel confident that we are following guidelines suggested by the CDC regarding cleaning and sanitizing of the Gymbus. At this time, we will follow the mask guidelines enforced by each daycare center. Feel free to contact us with any questions or concerns you may have.

Along with this newsletter, you will find a curriculum sheet and 2 GYMBUS calendars for the 2021-2022 GYMBUS year. The curriculum sheet highlights the major skills we will teach on the GYMBUS over the course of the year. The curriculum sheet is the same for all children in our program regardless of their age. We believe that all children come into our program with different levels of gymnastic experience. Rather than teach children skills they may already know, our curriculum allows us to continually build on past skill knowledge and constantly challenge children with new gymnastic learning. The calendars indicate dates closed, the beginning of each of our 4 GYMBUS terms and when payments are due.

We are in the process of changing our email from *yahoo* to *Gmail* this year.

Please update your records to reflect our new address:

kidsklubgymbus@gmail.com

****Just a reminder: Tennis shoes must be worn each week on Gymbus. This is for the safety of all children.****

We are excited to welcome back our old friends and can't wait to get to know lots of new ones too!

Ms. Cathy & Ms. Jenny

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August & September

Check out what we will be doing in the upcoming weeks on the **GYMBUS**

AUG 23 – 27 (MON - FRI)

LESSON FOCUS: TRAMPOLINE, MONKEY BARS, BARS

AUG 30 – SEPT 3 (MON - FRI)

LESSON FOCUS: BARS, FLOOR, BEAM, TRAMPOLINE

SEPT 7 – 10 (TUES - FRI)

LESSON FOCUS: BARS, FLOOR, BEAM

On BARS, we will work on glide swings using a hula hoop and stuffed bunny. On FLOOR, we will work on straddle forward rolls & wall walkers. On BEAM, we will work soldier kicks.

SEPT 13 – 17 (MON-FRI)

LESSON FOCUS: BARS, FLOOR, BEAM, MONKEY BARS

On BARS, we will work on monkey hangs! On FLOOR, we will work on straddle forward rolls (standing and sitting). On BEAM, we will work on stepping carefully over stuffed animals. Everyone will get to climb the ladder and see how far across the MONKEY BARS they can go. The 2's will try to jump off stacked trapezoids and land on 2 feet.

SEPT 20 – 24 (MON-FRI)

LESSON FOCUS: BEAM, FLOOR, BARS, RINGS

On BEAM, we will work on tapping cones with sticks. On FLOOR, we will work on forward rolls and cartwheels. On BARS, we will use the mini-tramp to practice jumping to front support and casting. We will use the ladder to climb up to the top of a trapezoid and jump off. Everyone will take lots of turns swinging on the RINGS.

IT'S BACKWARDS WEEK! – WEAR YOUR GYMBUS SHIRT BACKWARDS!

SEPT 27 – OCT 1 (MON - FRI)

LESSON FOCUS: BARS, BEAM, FLOOR

Today we will be doing everything BACKWARDS! We will board the bus from the BACK using a step ladder. On FLOOR, we will work on backwards rolls and crab walks. On VAULT, we will do ½ turn dismounts off the vaulting blocks. On BEAM, we will walk backwards. IT'S A CRAZY 2 STAMP DAY!

The 2021-2022 Gymbus shirts have been ordered and will be handed out as soon as we receive them. They were ordered after Week 1 of Gymbus started.

We anticipate shirts being handed out the week of September 20th, if not before.