

# KIDS KLUB GYMBUS NEWSLETTER

THANK YOU FOR ALLOWING US THE OPPORTUNITY TO WORK WITH YOUR CHILD THIS YEAR!  
WE ARE LOOKING FORWARD TO A GREAT YEAR FULL OF GYMNASTIC LEARNING!

AT EACH DAYCARE, THERE IS EITHER A GYMBUS MAILBOX OR AN AREA WHERE YOUR CENTER WOULD LIKE YOU TO TURN IN YOUR GYMBUS PAYMENTS. PLEASE ASK YOUR DAYCARE DIRECTOR WHERE THEY COLLECT GYMBUS PAYMENTS. NEWSLETTERS ARE E-MAILED EVERY 3-5 WEEKS AND ARE AIMED AT KEEPING ALL PARENTS INFORMED REGARDING THE WEEKLY GYMBUS ACTIVITIES AND THEMED WEEKS.

**PLEASE NOTE: PAYMENTS MADE BY THE TERM (10 WEEKS) or BY THE SESSION (20 WEEKS) ARE DUE 2 WEEKS PRIOR TO THE BEGINNING OF EACH TERM/SESSION.**

*Please feel confident that we are following guidelines suggested by the CDC regarding cleaning and sanitizing of the Gymbus. At this time, we will follow the mask guidelines enforced by each daycare center. Feel free to contact us with any questions or concerns you may have.*

We are in the process of changing our email from *yahoo* to *Gmail* this year.

Please update your records to reflect our new address:

**kidsklubgymbus@gmail.com**

## Check out what we will be doing in the upcoming weeks on the GYMBUS

AUG 23 – 27 (MON - FRI)

LESSON FOCUS: TRAMPOLINE, MONKEY BARS, BARS

On TRAMPOLINE, we will go over safety rules and then practice jumps, turns and seat drops. On MONKEY BARS, the 2's & 3's will work on swinging and landing safely. 4's & 5's will see how many rungs they can master before landing on their feet. On BARS, we will work on swinging & front supports.

AUG 30 – SEPT 3 (MON - FRI)

LESSON FOCUS: BARS, FLOOR, BEAM, TRAMPOLINE

On BARS, we will work on pullover drills. On FLOOR, we will work on forward rolls and straddle forward rolls. On BEAM, we will work on walking forward and sideways. On TRAMPOLINE, we will continue to work on skills.

SEPT 7 – 10 (TUES - FRI)

LESSON FOCUS: BARS, FLOOR, BEAM

On BARS, we will work on glide swings using a hula hoop and stuffed bunny. On FLOOR, we will work on straddle forward rolls, cartwheels, & wall walkers. On BEAM, we work soldier kicks.

**\*\*\*Just a reminder: Tennis shoes must be worn each week on Gymbus. This is for the safety of all children.\*\*\***

*Along with this newsletter, you will find a curriculum sheet and 2 GYMBUS calendars for the 2021-2022 GYMBUS year. The curriculum sheet highlights the major skills we will teach on the GYMBUS over the course of the year. The curriculum sheet is the same for all children in our program regardless of their age. We believe that all children come into our program with different levels of gymnastic experience. Rather than teach children skills they may already know, our curriculum allows us to continually build on past skill knowledge and constantly challenge children with new gymnastic learning. The calendars indicate dates closed, the beginning of each of our 4 GYMBUS terms and when payments are due.*

**We are excited to welcome back our old friends and can't wait to get to know lots of new ones too!**

**Ms. Cathy & Ms. Jenny**