

KIDS KLUB GYMBUS NEWSLETTER

WELCOME TO TERM 2 (11/2/20 – 1/22/21)

*****IMPORTANT*****

The Gymbus will be closed: 11/26/20 – 11/27/20 for Thanksgiving Break

11/26 & 11/27 classes will be made up on Monday 11/23/20 at regular class times.

The Gymbus will be closed: 12/21/20 – 1/1/21 for Winter Break (classes resume 1/4/21)

TERM 2 PAYMENTS ARE NOW DUE.

LATE FEES WILL BE WAIVED UNTIL THE WEEK OF 11/9/20

Be sure to include your child's name and daycare in the comment area.

Venmo: Cathy-BrownsteinGriewing

Zelle: kidsklubgymbus@yahoo.com

Highlights from our last several weeks!

TERM 1 CERTIFICATES WERE HANDED OUT
HALLOWEEN WEEK

Check out what we will be doing in the upcoming weeks on the GYMBUS

NOV 2 – 6 (MON-FRI)

LESSON FOCUS: BIG TRAMPOLINE, LADDER, FLOOR BAR

Before Fall Break, we introduced the BIG TRAMPOLINE. Everyone loved it! We will continue working on jumps, seat drops & knee drops. We will climb the LADDER up to a big block and then practice fun jumps off the block. We will attempt birdy perches using the FLOOR BAR.

NOV 9 – 13 (MON-FRI)

LESSON FOCUS: RINGS, FLOOR, BAR, BEAM

On FLOOR, we will work straddle forward rolls. On BARS, we will practice pullover drills. On BEAM, we will work on stepping carefully over bean bags. Everyone will get lots of turns using the RINGS.

NOV 16 – 20 (MON-FRI)

LESSON FOCUS: MINI-TRAMP, FLOOR, BARS

On FLOOR, we will work on backward rolls. On BARS, we will work on jumping to front support, casting, & forward roll dismounts. On MINI-TRAMP, we will work on straddle jumps and jumping jacks.

NOV 23 – 25 (All classes)

LESSON FOCUS: FLOOR, BEAM, BARS

On FLOOR, we will work on dive forward rolls (forward rolls for 2/3 year olds). ON BEAM, we will use cones and sticks to practice walking carefully and “gently” tapping the sticks on the cones. On BARS, we will continue working on front supports and casting.

- Evaluations begin the week of December 9th and continue through January 10th.
- Christmas fun on the Gymbus will be the week of December 14th.
- Please note that candy will be given out this week at the end of class.