

KIDS KLUB GYMBUS NEWSLETTER

*****IMPORTANT*****

The Gymbus will be closed: 12/22/19 – 1/1/20 Winter Break (classes resume 1/2/20)

Session 2/Term 3 payments are due when we return from Winter Break.

Highlights from our last several weeks!

TERM 2 FUN

Check out what we will be doing in the upcoming weeks on the GYMBUS

NOV 30 – DEC 4 (MON-FRI)

LESSON FOCUS: BEAM, GROSS MOTOR & NINJA FUN

We will be using the mini-tramp, hula hoops, and mats to provide a fun jumping and climbing environment. We brought different height NINJA STONES to create a multi-level stepping path. We will use different size hula hoops to assist in balancing skills on the balance beam and then try to ring-the-hula-hoop around a cone at the end of the balance beam.

IT'S FOOTBALL WEEK! – WEAR A FOOTBALL SHIRT OR CHEER OUTFIT

DEC 7 – 11 (MON-FRI)

LESSON FOCUS: LOW BEAM, FLOOR, MINI-TRAMP

Football week is fun for both football and cheerleading fans! We will warm up like the football players as well as practice our GYMBUS cheer. Later, we will climb over and jump onto triangle shapes, throw footballs, practice our cheer using pom-poms, jog on the mini-tramp, and hop on the beam. Our closing activity allows everyone an opportunity to practice kicking and throwing footballs!

IT'S CHRISTMAS WEEK! – WEAR A FUN HOLIDAY SHIRT!

DEC 14 – 18 (MON-FRI)

LESSON FOCUS: LOW BEAM, BARS, TRAMPOLINE

It is Christmas week on the GYMBUS! If you have a fun holiday shirt, where it to class this week! We will practice our new song "I'm a Friendly Snowman" during warm ups and continue practice ½ turns and full turns in and out of our "friendly snowman" made of hula hoops. On LOW BEAM, we will work on dip steps. On BARS, we will drop holiday stuffed animals into hula hoops. On TRAMPOLINE, we will work on jumps, seat drops, and knee drops. We have a great closing activity planned as well as a Christmas candy treat.

ALL CHILDREN WILL GET SMARTIES AT THE END OF CLASS.

IF YOUR CHILD CANNOT HAVE SMARTIES, PLEASE LET ME KNOW BY 12/13/2020.

THE GYMBUS IS CLOSED FROM DECEMBER 21, 2020 – JANUARY 1, 2021

Session 1 evaluations will begin the week of December 14th, 2020 and continue until January 22nd, 2021.

Term 3/Session 2 begins the week of January 25th, 2021!



HAPPY HOLIDAYS!

Here's hoping 2021 is a great year for all!

Ms. Cathy & Ms. Jenny