# KIDS KLUB GYMBUS NEWSLETTER

## TERM 2 PAYMENTS ARE DUE THE WEEK OF OCTOBER 14<sup>th</sup>, 2019. TERM 2 BEGINS MONDAY, OCTOBER 28<sup>th</sup>. It will be Halloween Week on the Gymbus!

IMPORTANT...During GYMBUS class the week of Oct 28 -Nov 1, all children will be given a piece of Halloween candy at the end of class. If your child is allergic to chocolate (or cannot have chocolate for ANY reason), please notify us by e-mail BEFORE October 25<sup>TH</sup> so that an alternate treat may be given to your child.

\* All parent communication is via email. Please keep your email up to date and be sure to check that our newsletters are not dropping into your spam folder.\*

BE SURE TO INCLUDE YOUR CHILD'S NAME AND DAYCARE CENTER IN ANY E-MAIL TO US.

#### THE GYMBUS WILL BE CLOSED 10/14 – 10/18 FOR FALL BREAK.

### Highlights from our last several weeks!

BACKWARDS WEEK 2019-2020 GYMBUS SHIRTS HANDED OUT

#### Check out what we will be doing in the upcoming weeks on the GYMBUS

<u>SEPT 30 – OCT 4 (MON-FRI)</u> LESSON FOCUS: BAR, BEAM, FLOOR On BARS, we will hang like monkeys. Anyone that can do this skill by themselves will get a cool monkey stamp. On BEAM, we will practice walking forward and walking like a flamingo. On FLOOR, we will work on straddle rolls. We will also practice our jumping jack skills on the mini-tramp.

OCT 7 – 11 (MON-FRI) LESSON FOCUS: BIG TRAMPOLINE, MOUNTAIN CLIMB On the BIG TRAMPOLINE, we will practice jumps, turns, and seat drops. On PARALLEL BARS, we will work on climbing onto the bars and front supports. Everyone will get to MOUNTAIN CLIMB using mats and a rope. PLEASE BE SURE TO WEAR TENNIS SHOES!

#### OCT 14 – 18 (MON - FRI) GYMBUS IS CLOSED FOR FALL BREAK.

 $\underline{\text{OCT 21-25 (MON-FRI)}}$  LESSON FOCUS: FLOOR, PARALLEL BARS, TRAMPOLINE On FLOOR, we will work on cartwheels. On PARALLEL BARS, we will continue to work on skills from last week as well as bear walks with the 4/5 year olds. On the BIG TRAMPOLINE, we will continue working on skills from last week along with knee drops.

### IT'S HALLOWEEN WEEK! – WEAR A HALLOWEEN T-SHIRT! TERM 2 BEGINS THIS WEEK – PAYMENTS ARE LATE AFTER CLASS TODAY

OCT 28 – NOV 1 (MON-FRI)

LESSON FOCUS: VAULT, FLOOR, ROCK WALL Halloween week is a favorite for all! The bus is decorated with Halloween witches, black cats, ghosts, and pumpkins. On VAULT, we will work on knees on and straddle on mounts. On FLOOR, we will work on straddle jumps and round offs. Our ROCK WALL will be on the bus this week. 2/3 will practice climbing up while the 4/5 will have to try to climb the wall and move sideways from one side of the wall to the other. Our closing activity offers everyone a chance to "knock down" the Halloween animals using bean bags!

Candy will be given out at the end of class.