

# KIDS KLUB GYMBUS NEWSLETTER

THANK YOU FOR ALLOWING US THE OPPORTUNITY TO WORK WITH YOUR CHILD THIS YEAR!  
WE ARE LOOKING FORWARD TO A GREAT YEAR FULL OF GYMNASTIC LEARNING!

**TERM 2 PAYMENTS ARE DUE THE WEEK OF OCTOBER 15<sup>th</sup>, 2018.**

**TERM 2 BEGINS MONDAY, OCTOBER 29<sup>th</sup>. It will be Halloween Week on the Gymbus!**

**IMPORTANT...During GYMBUS class the week of Oct 29 -Nov 2, all children will be given a piece of Halloween candy at the end of class. If your child is allergic to chocolate (or cannot have chocolate for ANY reason), please notify us by e-mail BEFORE October 26<sup>TH</sup> so that an alternate treat may be given to your child.**

**\*All parent communication is via email. Please keep your email up to date and be sure to check that our newsletters are not dropping into your spam folder.\***

**BE SURE TO INCLUDE YOUR CHILD'S NAME AND DAYCARE CENTER IN ANY E-MAIL TO US.**

THE GYMBUS WILL BE CLOSED 10/15 – 10/19 FOR FALL BREAK. AS A MAKE UP FOR LABOR DAY, MONDAY MORNING CLASSES WILL BE HELD ON 10/15. MONDAY AFTERNOON CLASSES WILL BE MADE UP ON TUESDAY, OCTOBER 30<sup>TH</sup>.

## Highlights from our last several weeks!

BACKWARD WEEK

2018-2019 GYMBUS SHIRTS HANDED OUT

### Check out what we will be doing in the upcoming weeks on the GYMBUS

OCT 1 – OCT 5 (MON-FRI)

LESSON FOCUS: FLOOR, BARS, BEAM, MONKEY BARS

On FLOOR, we will work on straddle forward rolls. On BEAM, we will work on soldier kick. On BARS, we will work on glide swings. Everyone will practice going all the way across the MONKEY BARS.

OCT 8 – 12 (MON-FRI)

LESSON FOCUS: BIG TRAMPOLINE, FLOOR, BARS

On the BIG TRAMPOLINE, we will practice jumps, turns, and seat drops. On FLOOR, we will work on forward rolls, tabletops, and V-sits. 4's & 5's will work on bridges. On BARS, we will work on monkey hangs. A special monkey stamp will be given to any child that can complete the monkey hang skill on their own.

OCT 15 (MONDAY MORNING) LABOR DAY MAKE UP CLASS.

THIS IS A MAKE UP DAY FOR MONDAY MORNING CENTERS ONLY. MONDAY AFTERNOON CENTERS WILL BE MADE UP ON 10/30/18.

OCT 16 – 19 (TUES - FRI)

GYMBUS IS CLOSED FOR FALL BREAK.

OCT 22 – 26 (MON-FRI)

LESSON FOCUS: FLOOR, BARS, BIG TRAMPOLINE

On FLOOR, we will work on sitting straddle forward rolls and cartwheels. On BARS, we will work on pullover drills. On the BIG TRAMPOLINE, we will continue working on skills from last week along with knee drops.

TERM 2 BEGINS THE WEEK OF OCTOBER 29<sup>TH</sup>. IT WILL BE HALLOWEEN WEEK ON THE GYMBUS!  
CANDY WILL BE GIVEN OUT AT THE END OF THESE CLASSES.

**TERM 2 PAYMENTS ARE CONSIDERED LATE IF NOT PAID BEFORE CLASS THE WEEK OF 10/29/18**