

KIDS KLUB GYMBUS NEWSLETTER

The **FINAL** term of 2018-2019 Gymbus year begins the week of April 1st, 2019.

Email us if you need to know your payment amount.

*Payments are late if received **AFTER** your child's Gymbus class the week of April 1st.*

REMEMBER TO WEAR TENNIS SHOES EVERY WEEK FOR GYMBUS CLASS!

Check out what we will be doing in the upcoming weeks on the GYMBUS

MAR 4 – 8 (MON-FRI)

LESSON FOCUS: BARS, FLOOR, BEAM, BALLS

On BARS, we will work on jumping from the mini-tramp to front support. On FLOOR, we will work on walking our feet up the wall, cartwheels, and table tops. On BEAM, we will work on flamingo walks.

MAR 11 – 15 (MON-FRI)

LESSON FOCUS: BEAM, BARS, FLOOR, BALLS

On BEAM, we will work on dip steps. On BARS, we will work on front supports to forward rolls. On FLOOR, we will work on forward rolls and hopscotch. Everyone will get to play in the BALL PIT.

MAR 18 – 22 (MON-FRI)

LESSON FOCUS: ROCK WALL, BEAM, MTN CLIMBING

On BEAM, we will use sticks to tap cones while walking down the low beam. Everyone will practice their MOUNTAIN CLIMBING skills. The ROCK WALL will be used to climb up and down alone.

MAR 25 – 29 (MON-FRI)

LESSON FOCUS: BEAM, FLOOR, NINJA STONES

On BEAM, the 2/3 year olds will walk forward. The 4/5 year olds will practice crossing their feet over each other. On FLOOR, we will work on dive forward rolls. The NINJA STONES will challenge everyone as we use our balancing skills to walk/climb through the ninja maze. The ROCK WALL will be on again this week.

THE FINAL GYMBUS TERM BEGINS! **IT'S CARDINAL BASEBALL WEEK!**

APR 1 – 5 (MON-FRI)

LESSON FOCUS: BARS, GROSS MOTOR SKILLS

It's Cardinal baseball season once again! We will celebrate Cardinal Baseball all week! Wear your Cardinal baseball shirt or any red shirt so you can help us celebrate the start of the 2019 Cardinal Baseball season. We will practice throwing balls, hitting balls off a t-ball stand, running the bases and many other gross motor skills as we warm up, practice, and condition just like the baseball players do!

Gymbus payments are late if paid after your child's class today.

*Gymbus Celebration information will be emailed the weekend of April 19th.
This year's celebration will be on June 1st at FlipSide Gymnastics in St. Charles.
Be sure to mark your calendar now!*